



Canadian  
Frailty  
Network

Réseau canadien  
des soins aux  
personnes fragilisées

# FRAILTY MATTERS

## *Innovation Showcase Storyboards*

POSTER #	PROJECT NAME	POSTER PRESENTER(S)
1	<b>Pictorial Fit-Frail Scale</b>	Olga Theou, Dalhousie University, Geriatric Medicine Research/Nova Scotia Health Authority
2	<b>Improving CARE Partnerships Together</b>	Jacobi Elliott, St. Joseph's Health Care London
3	<b>A prospective clinical surveillance tool for identifying patients nearing the end of life: mHOMR</b>	James Downar, University Health Network/Sinai Health System
4	<b>The Peer-facilitated Advance Care Planning Workshops for the Public</b>	Doris Barwich, BC Centre for Palliative Care
5	<b>The Integrated Nutrition Pathway for Acute Care (INPAC)</b>	Heather Keller, Canadian Malnutrition Task Force Canadian Nutrition Society
6	<b>Integrated Hip Fracture Inpatient Program (I-HIP)</b>	Christine Soong, Hedieh Molla Ghanbari Mount Sinai Hospital
7	<b>The Mobilization of Vulnerable Elders (MOVE) Program</b>	Sharon Straus, St. Michael's Hospital - Li Ka Shing Knowledge Institute/ University of Toronto Barbara Liu, Regional Geriatric Program, Sunnybrook Health Sciences Centre Jayna Holroyd-Leduc, University of Calgary/Alberta Health Services
8	<b>Exercise prehabilitation for older people with frailty before surgery</b>	Daniel McIsaac, The Ottawa Hospital
9	<b>Elder Friendly Care in Alberta</b>	Mollie Cole, Alberta Health Services, Seniors Health Strategic Clinical Network
10	<b>Nova Scotia Health Authority (NSHA) Central Zone Frailty Strategy</b>	Paige Moorhouse, Nova Scotia Health Authority
11	<b>Improving caregivers' and patients' participation in housing decisions</b>	France Légaré, Rhugenda Sylvie-Marianne Université Laval/Centre intégré universitaire de santé et de services sociaux de la Capitale Nationale
12	<b>Success... Proof of Concept: Leading the Way with Diabetes and Frailty Quality Initiative. Taking the Attention off Tight Targets</b>	Peggy Dunbar, Crystal MacNeil Nova Scotia Health Authority, Diabetes Care Program of Nova Scotia
13	<b>Empowering Patients - 5 questions to ask about your medications</b>	Alice Watt, Institute for Safe Medication Practices Canada
14	<b>The Home Support Neighbourhood – A Paradigm Shift, Delivering a Client Centred Approach to Caring for Frail Adults</b>	Doreh Mohsenzadeh, Island Health
15	<b>ABLE – Arts-Based exercise enhancing LongEvity</b>	Paula Gardner, McMaster University, PULSE Lab Caitlin McArthur, GERAS Centre
16	<b>Rehabilitation and Reablement Services for Seniors: An Integrated, Home-Based Approach to Promote Independence</b>	David Arbeau, Extra-Mural Program/Department of Social Development
17	<b>Elders in Motion</b>	Sheena Tremblay, North West Territories Recreation and Parks Association
18	<b>Toronto HEARS: A new model of care for seniors with untreated hearing loss</b>	Marilyn Reed, Baycrest Health Sciences
19	<b>Vulnerable Patient Program</b>	Dustin Carter, Middlesex-London Paramedic Service
20	<b>Nursing Homes Without Walls</b>	Suzanne Dupuis-Blanchard, Université de Moncton/Résidence Lucien Saindon and Westford Nursing Home
21	<b>Strengthening a Palliative Approach in Long-Term Care (SPA-LTC)</b>	Sharon Kaasalainen, Tamara Sussman McMaster University/Extendicare Canada/Shalom Village
22	<b>Mouth Care Training for Care Staff in Continuing Care</b>	Cindi de Graaff, Sabrina Lopresti Alberta Health Services, Provincial Oral Health Office
23	<b>The University of British Columbia Geriatric Dentistry Program</b>	Chris Wyatt, Shunhau To The University of British Columbia
24	<b>Enhancing Knowledge for Interprofessional Care in Heart Failure (EKWIP-HF)</b>	George Heckman, Schlegel-UW Research Institute for Aging
25	<b>MedSafer</b>	Emily McDonald, McGill University Health Centre
26	<b>Hospital Without Walls: Bridging the Gap in Health Disparities for Adults Living with Frailty</b>	Kelly O'Halloran, Hamilton Health Sciences
27	<b>Seniors' Community Hub</b>	Marjan Abbasi, Sheny Khara University of Alberta/Edmonton Oliver Primary Care Network
28	<b>COACH (Caring for Older Adults in Community and at Home) Program</b>	Elaine Campbell, Kristen Mallard, Tim Stultz Health PEI - Home Care and Geriatric Programs
29	<b>Case-finding for Complex Chronic Conditions in persons 75+ ("C5-75")</b>	Linda Lee, Tejal Patel Centre for Family Medicine Family Health Team
30	<b>CARES: Early Frailty Identification and Prevention Strategy</b>	Annette Garm, Fraser Health Authority



# CFN National Conference on Frailty HQP Posters

#	STREAM	POSTER TITLE	POSTER PRESENTER(S)	UNIVERSITY AFFILIATION
1	SSA	Skeletal muscle radiodensity and cross sectional area predicts functional outcomes in elderly patients undergoing emergency surgery.	Gauhar Ali	University of Alberta
2	SSA	Prevalence of sarcopenia among active older adults and older adults undergoing total joint replacement	Giulia Coletta	McMaster
3	SSA	Utilizing a Frailty Index to Determine Pharmacological Efficacy in the Spontaneously Hypertensive Aged Rat (SHAR) Model	Michael Connolly	Dalhousie & University of Guelph
4	SSA	Developing a Frailty Index in the Cardiac Surgery Population for Medical Decision-Making	Tim D'Aoust	Queen's
5	SSA	CT Muscle Cross-Sectional Area to Identify Frailty States in Critically Ill Patients with Hematologic Malignancies and Acute Respiratory Failure	Michael Elfassy	University of Toronto
6	SSA	Sarcopenic obesity and frailty in patients undergoing AAA repair: Prevalence and association with mortality	Anna Eufemia	Jewish General Hospital
7	SSA	A Community Choir to Facilitate Psychosocial and Cognitive Health for Caregivers and Persons with Dementia	Karl Grewal	University of Victoria
8	SSA	Storage and Disposal of Opioids: Medication Challenges with End-of-Life Care in the Home	Bridgett Hyland	University of Toronto
9	SSA	Impact of Geriatric Emergency Medicine Nurses on Patient Care in the Emergency Department	Hannah Leaker	University of Calgary
10	SSA & IFP	Sedentary Behaviour In Long-Term Care Facilities	Amanda Lee	UNB
11	SSA	Falls on Geriatric Hospital Units: What Patient Characteristics are the Culprits?	Shyane McKay	UNB
12	SSA	Use Of Proton Pump Inhibitors In The Elderly Hospitalized Patient: An Interdisciplinary Audit	Nishila Mehta	University of Toronto
13	SSA	10 minutes of aerobic exercise benefits executive function in older adults	Andrea Petrella	Western
14	SSA	Statin use associated with calcification and insulin resistance	Karen Rees-Milton	Queen's
15	SSA	Perceptions of a Home-Based Multi-Faceted Program for Early Frailty Seniors	Lavan Sivarajah	McMaster
16	SSA	An exploration of end-of-life care for older adults identifying as lesbian, gay, bisexual, or transgender and a thematic analysis of the intersectionality of frailty.	Jeffrey Smallbone	University of Guelph
17	SSA	Factors contributing to a burden-free death: a cross-sectional study in Western Canadian nursing homes.	Grace Werner	University of Alberta
18	IFP	Exploring the burden of care among caregivers of the frail elderly facing housing decisions	Alexandrine Boucher	University Laval
19	IFP	Care provision to the older adult living with frailty in primary health care team-based models in Ontario: An exploratory multiple case study	Marie-Elaine Delvin	Queen's
20	IFP	Caring Ahead: Developing a Questionnaire to Measure Caregiver Death Preparedness in Dementia	Pamela Durepos	McMaster
21	IFP	Critical Care's impact on the gut microbiome in frailty: a study on cognitive outcomes	Emily Hawken	Queen's
22	IFP	GERAS Dancing for Cognition and Exercise (DANCE)	Patricia Hewston	McMaster
23	IFP	Exploring Understanding of Illness to Improve End-of-life Communication in Older Adults with Heart Failure and their Family Caregivers	Jennifer Im	University of Toronto
24	IFP	The NORC Index: A tool to identify and prioritize naturally-occurring retirement communities	Aaron Jones	McMaster
25	IFP	Frail Older Adults with Fragmented Rural Care	David Marshall	Queen's
26	IFP	Various patterns of physical activity are associated with greater physical function in older adults: a cross-sectional study	Andrea Mayo	Dalhousie
27	IFP	Exploring the Needs and Associated Out-of-Pocket Expenses of Older People Living with Frailty who Wish to Age-in-Place	Elaine Moody	Dalhousie
28	IFP	Fit Joints: Getting Fit for Hip and Knee Replacement A Pilot Randomized Control Trial (RCT)	Ahmed Negm	McMaster
29	IFP	Physician Perspectives of Medical Assistance in Dying (MAiD): A Scoping Review	Caitlin Robertson	UNB
30	IFP	Dementia, Frailty and the Alternate Level of Care Experience	Mariko Sakamoto	UBC
31	IFP	Exploring the Differences Between Pre-ICU and 1-Year CFS scores: A Follow-up Study of ICU Survivors	Alyson Takaoka	McMaster



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32	IFP	Consideration of psychosocial factors in frailty screening: A scoping review protocol	Jill Van Damme	University of Waterloo
33	HQP	Pre-morbid Characteristics of Home Care Clients Predict Delayed Discharge in Acute Hospitals: Results from a Retrospective Cohort Study	Stella Arthur	University of Waterloo
34	HQP	Implementing the 'Frailty Portal' in Community Primary Care Practice: Evaluating feasibility, effects and expansion needs	Melissa Buckler	Dalhousie
35	HQP	Diarrhea During Mechanical Ventilation: A Multicenter Study	Joanna Dionne	McMaster
36	HQP	Training practitioners in the use of The CSNAT Approach1: adapted for Canadian context	Erin Donald	University of Victoria
37	HQP	Pilot study of an automated one-year mortality prediction tool to trigger Advance Care Planning	James Downer & Ellen Koo	University of Toronto
38	HQP	Using an automated mortality prediction tool to focus advance care planning efforts for inpatients: What are the unmet palliative care needs of those identified by the HOMR application?	James Downer & Ellen Koo	University of Toronto
39	HQP	Advance care planning with older gay men living with HIV: Challenges and Opportunities	Denis Dubé	McMaster
40	HQP	Advance Care Planning: Building Capacity in Interprofessional Primary Care Teams	Shuaib (Abe) Hafid	McMaster
41	HQP	The effects of The Serious Illness Care Program on Health Care Resource Utilization	Andrew Lagrotteria	McMaster
42	HQP	Assessing quality of goals of care conversations during the Serious Illness Care Program Quality Improvement Initiative	Christina Ma & Lauren Riehm	McMaster
43	HQP	Patient and Family Member's Perception of Being Heard and Understood from Serious Illness Conversations in the Hospital	Japteg Singh	McMaster
44	HQP	Setting the stage for a co-design process: a scoping study of mHealth tools to support care coordination	Paige Fernandes	University of Waterloo
45	HQP	Cumulative Deficits Frailty Index for Transplant Candidates Is Associated with Solid Organ Transplant Outcomes	Saly Halawa	University of Waterloo
46	HQP	Identifying older patients at high risk of poor outcomes after major elective surgery	Emily Hladkowitz	Ottawa Hospital
47	HQP	Engaging Primary Healthcare Providers in Advance Care Planning: Recommendations from Stakeholder Dialogues	Cynthia Kendell	Dalhousie & Queen's
48	HQP	Paradoxical Relationship of Muscle Fibre Cross-sectional Area in Older Emergency Surgery Patients	Rachel Khadaroo	University of Alberta
49	HQP	Strategies for sustaining and spreading nutrition care changes in acute care: A thematic analysis from the More-2-Eat Study	Celia Laur	University of Waterloo
50	HQP	Implementation of the Clinical Frailty Scale into the Alberta Intensive Care Unit Electronic Health Record	Carmel Montgomery	University of Alberta
51	HQP	Prevalence, Correlates and Outcomes of Frailty Among Adults Undergoing Cardiac Surgery in Alberta: A Prospective Observational Cohort Study	Carmel Montgomery	University of Alberta
52	HQP	More-2-Eat Phase 2: Developing a self-serve registry to track nutrition care in hospitals	Jill Morrison	University of Waterloo
53	HQP	Anticipatory Long-term care Resident Triage (ALERT) tool: Lessons learned from trial of implementation of e-INTERACT in 4 Canadian long-term care homes	Azadeh Motehayerarani	University of Calgary
54	HQP	The e-Dosette: improving medication adherence & reduce regime complexity in community dwelling older adults	Fiona Parascandolo	McMaster
55	HQP	Resistance training to improve physical function in pre-frail adults: a randomized trial	Christina Prevett (Nowak)	McMaster
56	HQP	Using the diffusion of antibiotic prescribing behavior to identify physician prescribing of high-risk medications and those of questionable benefit	Kieran Quinn	Mount Sinai Hospital
57	CAT & KT	Understanding the Role of the Public in Reducing Low-value Care: A Scoping Review	Emma Sypes	University of Calgary